

FUN FACTS about YOUR VOICE!
Exercise to develop vocal production skills

TO RELIEVE JAW TENSION

Yah yah yah yah yah -----
5 4 3 2 1 -----

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Bubble or Lip Trill: air movement with no tension in throat

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PHONATION: vocal clarity and a focused tone

Mm Mm Mmmmmm
1 1 1- 2 - 1--

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SOFT PALATE: strengthening increases resonance and flexibility

Basic daily exercise: 5 - 4 - 3 - 2 - 1
Kee kay kee kay kee
Kee kah kee kah kee

- Sing on one breath, staccato (detached); keep tip of tongue in “home position” and move with the jaw
- Last tone releases quickly and “up”

Advanced daily exercise: Kah kay kee koh koo (all on one pitch)

- Do series of syllables on each step of the scale, 1- 5 then 5 - 1
- Sing on one breath at a moderate tempo; increase speed over time
- Back space needs to be open - K automatically initiates lift of soft palate

RESONANCE: ADD place or space.

- Add *focus* to “Oh” vowel

Nee oh ee oh
1 3 2 4 3 5 4 6 5 3 4 2 1 ————

- Add *space* to “Ay” and “Ah” vowels

(rest) nee --- oh ay --- --- --- ---
1 8 8 8 5 3 1

(rest) nee --- oh ah --- --- --- ---
1 8 8 8 5 3 1

- Add *feeling of resonance* in nasal cavity and *back space*

Mee oh ee oh ee oh ee oh ee oh
5 4 3 2 1

OR

Nyah nyah nyah nyah nyah -----
5 4 3 2 1 -----

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Rhythm, Air, Articulation Round

Group 1: K K K K
1 2 3 4

Group 2: t- t t- t t- t t- t
1 & 2 & 3 & 4 &

Group 3: Ch --- Ch --- Ch-----
1 (& 2) & (---3) &---4

LEE LOO - mask placement, interval tuning and chord tuning

LEAD

Lee loo lee loo lee loo lee loo -- lee loo ----- loh
 1 2 3 4 5 6 7 8 7 6 5

TENOR

Lee loo lee loo lee loo lee loo ----- loh
 1 2 3 4 5 6 7 8 8/1

BARI

Lee loo lee loo lee loo lee loo --- lee loo lee loo ----- loh
 1 2 3 4 5 6 7 8 7 6 5 4 3

BASS

Lee loo lee loo lee loo lee loo --- lee loo lee loo lee loo --- loh
 1 2 3 4 5 6 7 8 7 6 5 4 3 2 1

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PICCOLO MINI - tongue twister (flexibility and mental focus)

Pi - cco - lo mi - ni Pi - cco - lo mi - ni -- (no breath)
 1 1 1 3 2 1 2 5 5 5--

Pi - cco - lo mi - ni Pi - cco -----
 2 2 2 4 3 2 5 -----

lo mi - ni Pi - cco - lo mi - ni Pi - cco - lo mi - ni Pi - cco - lo mi - ni Pi ----
 4 4 4 6 5 4 3 3 3 5 4 3 2 2 2 4 3 2 5

cco - lo mi - ni Pi - cco - lo mi - ni Pi - cco - lo mi - ni Pi - cco - lo mi - ni ----!
 4 4 4 6 5 4 3 3 3 5 4 3 2 2 2 4 3 2 1